



## Welcome To Sacramento County ARES

This document is created to help familiarize our new members with various helpful information regarding Sacramento County ARES.

The Amateur Radio Emergency Services (ARES) consists of licensed amateur radio operators who have voluntarily registered their qualifications and equipment, with their local ARES leadership, for communications duty in public service and when disaster strikes.

Because ARES is an Amateur Radio Program, only properly licensed amateur radio operators are eligible for membership. Every properly licensed amateur radio operator, regardless of membership in ARRL or any other local or national organization is eligible to apply for membership in ARES.

**Training and registration as a Disaster Service Worker will be required to participate fully in ARES.**

Sacramento County ARES is proud to serve the public in this community and in other communities when requested. Sacramento County ARES participates in public service events and disasters.

Sacramento County ARES is affiliated with  
The Sacramento County Office of Emergency Services



The Sacramento County Office of Emergency Services (SacOES) coordinates the overall Sacramento countywide response to large scale incidents and disasters. SacOES is responsible for alerting and notifying appropriate agencies when disaster strikes; coordinating all agencies that respond; ensuring resources are available and mobilized in times of disaster; developing plans and procedures in response to and recovery from disasters; and developing and providing preparedness materials for the public.

Sacramento County OES (SacOES) is the PRIMARY and PRIORITY served agency of Sacramento County ARES.

Other agencies served by Sacramento County ARES are:

Air Force MARS  
Blood Source  
CARES  
Elk Grove CERT  
Folsom CERT  
Kaiser Hospitals  
Mercy Hospitals

Sacramento Metro Fire CERT  
Sacramento City Fire CERT  
Sacramento Medical Reserve Corps.  
Sacramento Sheriff's SHARP  
Sacramento Sheriff's Search and Rescue  
SKYWARN  
Sutter Hospitals

It is the primary goal and purpose of Sacramento County ARES to have numerous well trained, prepared, licensed amateur radio operators which can be deployed to assist our served agencies when needed and to help with public service events.

## Notification for Sacramento County ARES

Sacramento County ARES uses the Everbridge System for notifying members when a disaster response is needed and for other important reasons as needed.

The Everbridge System is capable of alerting large numbers of people in a very fast manner. Sacramento County ARES members who are qualified by training to be deployed in a disaster need to be signed up on the Everbridge System.

If you are a Sacramento County ARES member and are not signed up for the Everbridge System, or have questions, contact / email Vince Cracchiolo (Sacramento County ARES EC) at:

[vsicilian@comcast.net](mailto:vsicilian@comcast.net)

## Monday Night Net

Sacramento County ARES conducts a check in net every week on Monday night at 7pm local time. All Sacramento County ARES members are given a "reserve" number which is used during member check in. All Sacramento County ARES members are encouraged to check in each week on the net.

The Sacramento County ARES Monday night net is heard on:

Repeater: N6ICW – 147.195 (+) PL / CTCSS tone: 123.0

Repeater: K6IS – 145.190 (-) PL / CTCSS tone: 162.2

When checking in on the Sacramento County ARES Monday night net, it is important to check in using your:

Reserve number, Name, and your Call Sign (**PLEASE USE PROPER ITU Phonetics when giving your call sign**). Please find the ITU phonetics below.



**International Telecommunication Union (ITU)**  
**Phonetic Alphabet**

A – Alpha	B – Bravo	C – Charlie	D – Delta
E – Echo	F – Foxtrot	G – Golf	H – Hotel
I – India	J – Juliet	K – Kilo	L – Lima
M – Mike	N – November	O – Oscar	P – Papa
Q – Quebec	R – Romeo	S – Sierra	T – Tango
U – Uniform	V – Victor	W – Whiskey	X – X-ray
Y – Yankee	Z – Zulu		

**Recommended Radio Programming**

It is recommended that Sacramento County ARES members have the following frequencies programmed into their handheld and or mobile radios:

145.130 (-) PL / CTCSS tone : 114.8 Repeater: AK6OK  
Sacramento County EOC frequency

147.195 (+) PL / CTCSS tone : 123.0 Repeater: N6ICW  
Sacramento County ARES Tactical

145.250 (-) PL / CTCSS tone : 162.2 Repeater: N6NA  
Sacramento County ARES Resource 1

145.190 (-) PL / CTCSS tone: 162.2 Repeater: K6IS  
Sacramento County ARES Resource 2

146.565 Simplex Tactical 1

147.405 Simplex Tactical 2

441.000 Simplex Tactical 3

446.500 Simplex Tactical 4

## Training

It is extremely important that our Sacramento County ARES members be well trained. Good training makes our members very valuable during disasters, valuable at public service events, and safer in general. Some training is conducted at the Sacramento County ARES monthly meeting. Members are also encouraged to read the numerous training files available on the Sacramento County ARES website. The Sacramento County ARES website training files are found at:

<http://www.saccountyares.org/training/ares>

## Sacramento County ARES volunteer time logging

Sacramento County ARES is part of the Amateur Radio Relay League. As part of the Amateur Radio Relay League, Sacramento County ARES tracks and reports the volunteer hours of it's members and reports them to the Amateur Radio Relay League. Sacramento County ARES members log their volunteer hours on the Sacramento Valley ARES website (different from the Sacramento County ARES website). The Sacramento Valley ARES website is found at:

<http://www.sacvalleyares.org/>

Sacramento County ARES members go to this website, log in, and report their volunteer time at the end of each month. If you have questions about this, contact : **Vince Cracchiolo (Sacramento County ARES EC) at: [vsicilian@comcast.net](mailto:vsicilian@comcast.net)**

## Sacramento County ARES monthly meeting

In general, Sacramento County ARES conducts a meeting once per month usually on a Saturday. The date of this meeting each month is announced on the weekly Monday Night net, and also by email. Sacramento County ARES Members are encouraged to attend these meetings.

# Welcome to Sacramento County ARES!!!

If you have questions, please email:

**Vince Cracchiolo (Sacramento County ARES EC) at:**

**[vsicilian@comcast.net](mailto:vsicilian@comcast.net)**